

Solo Woman's Pamper Guide



- Hike a trail
- Go to the spa
- Walk in the rain
- Go to the beach
- Go on a picnic
- Go to a sporting event
- Take a road trip
- Go to the gym
- Go to a movie
- Grab a coffee and hang out at a book store
- Go to the library
- Take a bike ride
- Spend the night pampering yourself (give yourself a facial, manicure and pedicure)
- Take yourself out for a nice dinner
- Stop in at the local pub
- Go to an amusement park
- Make yourself a fancy meal
- Explore a quaint village
- Join a class learn something new
- Learn a new language
- Take up a new hobby
- Go shopping
- Sleep in...no alarms
- Volunteer
- A weekend away
- Travel abroad
- Smile often and always

