



Just One Passport

TRAVELLING THE WORLD SOLO, JUST ONE STEP AT A TIME

LET'S GET READY FOR TAKE-OFF!

1. PREPARING FOR DEPARTURE

- Research and choose your destination
- Book your flights (arrive during daylight hours for safety)
- Arrange transportation to the airport
- Familiarize yourself with local customs at the destination
- Research and book hotel
- Research and book tours
- Purchase travel/health insurance
- Notify credit card company that you will be travelling
- Arrange international data coverage for cell phone
- Exchange currency, if required
- Scan passport, driver's licence, credit cards, identification, insurance documents and email to your phone
- Prepare itinerary
- Determine emergency contact information at destination (ie. police, embassy, etc.)
- Upload any apps to phone (google maps, language translator, etc.)



2. PREPARING YOUR HOME

- Arrange for child, pet and plant care
- Pause routine deliveries
- Make home appear lived in (ie. put lights and radio on a timer)
- Turn down thermostat
- Leave house and car keys with a trusted friend
- Lock windows, garage and doors
- Arrange to have mail collected

3. PACKING FOR THE TRIP

- Make a list of the specific items of clothing you'll need to pack to suit the various activities you will be doing
- Try to pack everything into a carry-on bag to avoid extra luggage expense
- If you check bag, pack a one or two outfits and toiletries in carry-on in case luggage is lost or delayed

4. WHAT TO LEAVE FOR FAMILY AT HOME

- Leave your contact information – including names, addresses and phone numbers of hotels
- Phone numbers for all contacts (doctor, vet, school, daycare, etc.)
- Copy of all travel documents and identification
- Travel itinerary



CONTACT

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